

Fitvit™

Extract of *Malus domestica* Fruit (Apple Vinegar) & *Garcinia cambogia* Fruit, Powder of Ginger Root & Cayenne Pepper Fruit



Composition

Fitvit™ Capsule: Each capsule contains *Malus domestica* Fruit extract 300 mg as acid (apple vinegar), *Garcinia cambogia* Fruit extract 50 mg, Ginger root powder 50 mg & Cayenne pepper Fruit powder 50 mg.

Pharmacological Action

Malus domestica contains acetic acid. It reduces lipogenesis and increases lipolysis. It also suppresses appetite and increases satiety which results in weight loss. *Garcinia cambogia* contains hydroxycitric acid which also reduces lipogenesis. Ginger contains compounds called gingerol which stimulates digestion and suppress appetite. Cayenne pepper contains Capsaicin which increases lipolysis. Combination of these ingredients results in reduction of weight.

Indications

Fitvit™ capsule is mainly indicated for weight management.

Dosage and Administration

1 capsule twice daily after meal or as directed by physician.

Precautions

Patients diagnosed with hypokalemia should avoid *malus domestica* Fruit extract as it can decrease potassium levels.

Side Effect

Common side effects include nausea, gastric irritation, indigestion etc.

Contraindications

Hypersensitivity to the active substance or any of the excipients.

Drug Interaction

Antidiabetic medication: *Malus domestica* Fruit extract interacts with insulin or insulin-stimulating diabetes medications and can lower blood sugar level.

Digoxin and Diuretic drugs: *Malus domestica* Fruit extract interacts with digoxin and diuretic drugs & causes lower potassium levels.

Pregnancy & Lactation

Should not be used.

Storage

Store at dry place below 25° C temperature away from direct sunlight & moisture. Keep the medicine out of the reach of children.

How Supplied

Fitvit™ Capsule: Each box contains 30 capsules in Alu-Alu blister pack.

Manufactured by

SQUARE PHARMACEUTICALS LTD.

HERBAL DIVISION

BSCIC, Pabna, Bangladesh

TM-Trade Mark



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